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**«Горячие сердца. Благотворительная деятельность Доктора  
Лизы и принцессы Дианы»**

«Kind hearts. Doctor Lisa’s and Princess Diana’s charity work»



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## **Theses**

- The origin of charity.
- Charity's development from its beginning to nowadays.
- People who showed the full meaning of the word "charity". Doctor Lisa and Princess Diana.
- The life story of Elizaveta Glinka (Doctor Lisa).
- Doctor Lisa's charity work and the reasons why she started to do it.
- The concept of "heart charity".
- The life story of Princess Diana.
- "People's Princess". A main part in Diana's social activity – charity.
- The part in the list of charitable organizations in the UK where Princess Diana was a patron.
- Doctor Lisa and Lady Diana are discoverers of heart charity.
- The new comprehension of charity that existed from its beginning.

## **Kind hearts. Doctor Lisa's and Princess Diana's charity work**

*There is no exercise better for the heart than reaching down and lifting people up. – John Holmes*

There is no doubt that everyone once gave a hand to those who were in need. Taking a cat off a tall tree, saving a drowning person or helping an elderly lady to carry heavy bags – we do all these deeds to express kindness that is inborn in our hearts and considered to be one of the most powerful tools in the world.

In 597, The King's School Canterbury was founded by Saint Augustine and thereby affluent citizens got an opportunity to assist homeless, sick and insolvent people in entire England. This process was controlled by the Church that governed how to use the raised money to effectively help the needy.

Time went by and the similar organizations started to appear in the other countries but the Church lost its authority, thus, it could not influence them anymore. So, it gave a start to the 'charitable industry'.

This new phenomenon in social life let people all around the world show humanism and humanity and see the results of their philanthropic deeds. For instance, a lot of schools, universities, hospitals and shelters were built thanks to money that benevolent men and women donated. Moreover, the levels of poverty, death from illnesses and homelessness started to go down. In this way the humankind had made a move to a better life.

Nowadays, the phrase 'charitable industry' sounds more laconically - 'charity'. It still has the same aim – to aid and support someone who is in need. On TV we can see the work of plenty of foundations and their patrons, such as actors, politicians, writers who contribute funds to do a good deed from time to time.

But what about representatives of the humanity that dedicated their life to lift up part of the world population who has found themselves in a difficult situation? They are the individuals whose hearts were so filled with goodness, generosity and bravery that could change the entire world and demonstrate the examples of humanism and charity?

People read articles about them on the Internet and watch movies and TV series. Their names find a response in every soul and mind. These facts prove Princess Diana and Doctor Lisa left traces not only in history but also in people's hearts.

### **Doctor Lisa**

Elizaveta Petrovna Glinka or just "Doctor Lisa" (Appendix 1) was born in 1962 in Moscow. She received two degrees in Medicine and, after that, moved to the United States with her husband (Appendix 2). There she finished Geisel School of Medicine and began her charity activity. Moreover, she was one of the pioneers in Internet charity.

Having her degree in resuscitation, she got deeply involved into work in hospitals and even opened the first hospice with free service in Kiev. In addition, she founded "Fair Help" fund in 2007, which is now an international charitable organization that aids terminally ill and unable people, pensioners, homeless and men who do not have any livelihood.

In 2010 and 2012, Elizaveta Glinka organized some fundraising events for people suffering after forest fires and floods.

When the serious conflict arose in the Eastern Ukraine, Elizaveta Petrovna started to help the inhabitants of this territory. She supplied medications, warm clothes and food to the victims and transported injured and ill children from dangerous districts. It should be noticed she allocated the premises in the hospital where she was able to cure the kids and look after them.

Interestingly, Doctor Lisa's family could not understand her choice of the career connected with charity activity and caring about terminally ill patients because she was a talented doctor and had the opportunity to become a famous and well – paid specialist. Nevertheless, this bold woman put much effort into her work not for money, but for honour. She reached down to save people who had already lost any hope to feel happiness and safety, she went to the battle fields not to become famous but to be a life saver for everyone who was suffering and feeling pain. She did what was right for her patients and many other people because it was her kind of charity, heart charity.

### **Princess Diana**

Diana Spenser (Appendix 3) was born in 1961 in Norfolk. When her father inherited his Earldom, she received the title Lady Diana. Then, 6 years later she married The Prince of Wales in 1981 (Appendix 4).

It cannot be denied that Princess Diana knew what charity and heart charity meant. She was not capable to leave a person in need and she reached down in order to lift suffering people up.

Diana dawned her charity work from opening the Landmark Aids Centre in Tulse Hill, London, in 1989 (Appendix 5). This organization offered treatment and support to patients with HIV and AIDS. Princess Diana understood that the disease was spreading across the globe because of a lack of education and she used her status to bring awareness about the AIDS epidemic to the population worldwide.

The remarkable fact is that before she opened the Centre in London, she had been invited to open Britain's first AIDS ward at Middlesex hospital. A famous photo was made in this place where Diana was shaking hands with HIV-positive patients without wearing gloves. After being published in newspapers, this photo made a big difference in the minds of the British - they understood

that HIV and AIDS are not transmitted from person to person by touching the parts of the body.

In 1992, Diana became a patron to Centrepoint that provides housing and support for young people across the UK. She was passionate about giving homeless adolescents a future and ending the youth homelessness and poverty. Furthermore, she had an inclination for raising the awareness about mental health.

Apart from that, Princess Diana became a patron of the Leprosy Mission. She brought the plight of leprosy-affected people to the world's attention and demonstrated that leprosy does not spread by touching an infected patient.

In 1993, Lady Diana opened the Wolfson Children's Cancer Unit at hospital where she was the president and in 1996 she organized a fundraising event, raising more than one million pounds for cancer research.

All good deeds and achievements in charity work that Lady Diana accomplished, proved the fact about her incredible kindness and courage. She dreamt about a monarchy that would have more contact with its people and she fulfilled her dream. The sum of all these reasons demonstrates why the British and other people call Diana the "Queen of People's Hearts".

### **Conclusion**

We used to think that charity is the act of donating money to raising funds which help vulnerable people. However, it turned out to be untrue. It is undeniable that money plays a certain role in this social activity but it is not the money which alters the situation.

Doctor Lisa and Princess Diana proved that charity comes not from wealth only, it comes from kindness that we are ready to share with other humans. Even in the etymology dictionary the word "charity" has the following definitions: benevolence, mercy, compassion, love.

When we help someone, we give a part of our heart to others. As far as Doctor Lisa and Princess Diana are concerned, they are the paragons of heroes whose hearts were made of gold. Their kindness, generosity and bravery changed not only several lives but the whole humanity. These two women fully revealed the meaning of charity and became the icons of heart charity.

## **Appendix**

### Appendix 1



**Elizaveta Petrovna Glinka**

### Appendix 2



**Doctor Lisa with husband and son**

Appendix 3



**Princess Diana**

Appendix 4





**Princess Diana and Prince Charles**

Appendix 5



**Diana's visit to an HIV and AIDS center in London, 1996**

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