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*«Горячие сердца. Благотворительная деятельность Доктора Лизы и
принцессы Дианы»*

«Kind hearts. Doctor Lisa's and Princess Diana's charity work»



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Theses

1. Charity, having deep roots, is now one of the most important aspects of our life. For some people, charity has become the meaning of life.
2. Princess Diana and Dr. Liza are two of the most powerful philanthropists who have ever existed. Despite their different nationalities, countries and social status, they were unified by charity activities aimed at helping the needy and saving people.
3. Kindness, compassion and love for people, the desire to help at in adversity- qualities that unified princess Diana and doctor Liza and brought them the title of «People's Princess» and «People's doctor».
4. The good deeds of Princess Diana and Dr. Liza left a bright footprint in the hearts of people. For their charitable work they were awarded international prizes. Films were made about them, books and songs were written, and museums were opened in their honour - recognition of millions of people around the world.
5. Princess Diana and Dr. Liza became an example for people. My survey revealed the TOP 10 famous personalities, who Russian people consider the most famous philanthropists.

*“It is not necessary to be affluent and powerful to help people,
being open hearted is enough”*

Omar Khayyam (1048)

“Kindness, compassion and mercy work far better than any weapon”

Liza Glinka (2010)

*“Make a random act of kindness, not looking forward to getting a reward, but
understanding one day someone will act the same upon you”*

Princess Diana (1991)

We are all different. However, in spite of differences in culture, history, religion and education, there are many ideas that unite people around the world. And one of them is more relevant than ever before. One probably has already guessed, it is undeniably charity in all its manifestations. The roots of charity go deeply in antiquity. The act of giving has existed from time immemorial and now is ingrained in the cultures of different peoples. Gradually, charity has become a practice that many people follow. I think that in modern society, charity has become something more important than a mere act of kindness. For some people, charity has become the meaning of life. I thank RELOD for the opportunity to reflect on this topic and share my thoughts.

A warm heart... This phrase is associated with a non-indifferent person who is ready to come and rescue, asking nothing in return. We usually call that type of person a philanthropist. Today I want to compare two of the most influential philanthropists that ever existed, namely Diana Francis Spencer, known as Princess Diana, and Elizaveta Petrovna Glinka, known as Doctor Liza. At first glance, they seem completely different. Princess Diana was born on 1 July 1961 in the United Kingdom in a noble family that was related to Queen

Elizabeth II. Elizaveta Glinka was born on February 20, 1962 in Moscow. Her mother was a doctor, and her father - a soldier. In spite of the differences in nationalities, countries and social status, both Diana and Elizaveta were open and kind to other people, especially children from the times of their childhood. Before her marriage, Lady Diana worked as a kindergarten teacher. Elizaveta Glinka graduated from a medical university and became a children's doctor. It is noteworthy that when translated from the Persian language, Diana means «missionary of health and charity» - a beautiful name for a woman who was a CEO of more than 100 charitable organizations around the world. And Elizaveta's name, translated from Hebrew, means «My God is an oath», and indeed, Dr Lisa saved thousands of lives and never in her life did she break the Hippocratic oath. Based on these astounding facts, I am sure they were destined to become «people's princess» and «people's doctor».

I want to point out that their future lives were closely intertwined with charity and peacemaking. Princess Diana had a high public profile, but used her fame to solve social problems, debunk myths about AIDS and other diseases, and support oncology centers, orphanages, shelters for the homeless. She said of herself: *«All I want is to help people in any way I can, that's all...»* After visiting hospitals in the poorest countries of the world, Princess Diana wrote: *«Finally I found my path. I realized that with all my heart, with all my soul I want to do this business»*. [2] She was a patron of HALO Trust, a mines disarming organization. [4] In 1997, in Angola, Princess Diana walked through a disarmed field to assure local people in its safety. To instill love and respect for the common people into her sons, Princess Diana took them to hospitals, homeless shelters and orphanages. At the age of 23, Prince William became a trustee of the Centrepoint centre in London, replacing his mother. [5] And in 2019 in Angola, Prince Harry repeated his mother's civil feat. Together with the engineers, he walked through the minefield and disarmed a mine. [6] Princess Diana gave special attention to sick children. Children's hospitals were the most

visited institutions in any country in the world. In her book she wrote: *«I want to hold in the hands every sick child, so that a smile instead of pain appears in their eyes for an instant!»* [2] I think the most painful thing for her to comprehend was realizing that sometimes drugs and money could not help the patient anyhow. Then a gentle touch, a friendly handshake and a kind word became of great importance. *«Sometimes I could only help with the compassion, and if it helped, I was ready to give it all»*. [2] I am sure it was her warmth and modesty, which brought her the title of «Queen of People's Hearts». On 16 June 1995, Princess Diana was awarded the International Leonardo Prize at the British Embassy in Moscow. She was also awarded the Royal Family Order of Queen Elizabeth II, the Grand Cross of the Order of the Crown, and the Order of Virtue of the Special Class.

A Russian «Princess Diana» was Dr. Liza. In 1991 she graduated from Dartmouth Medical School with the specialty of palliative care. Her first charity project started in 2001 when she opened a free hospice in Kiev, Ukraine. In 2007, Elizaveta Glinka founded the "Fair Aid" charity fund to support the homeless, terminally ill, disabled and low-income families. She organized charity events "The Railway Station on Wednesdays" and "Dinner on Fridays", where she provided medical assistance to homeless people in Moscow stations, distributed food and clothing. The action "Extend a helping hand" was aimed at helping the dying, because she truly believed that *«no one should die in pain and loneliness, anyone should be able to leave this world with dignity»*. [1] Also, Dr. Lisa initiated charitable actions to gather humanitarian aid for the victims of forest fires and floods. Since 2012, she was involved in public activities and advocating for fair elections as well as being a member of the Human Rights Council. Since 2014, Elizaveta Glinka was engaged in providing humanitarian and medical aid to the population of Donetsk and Lugansk People's Republics, her main task was to save children in the war zone. During the conflict, more than 500 injured and heavily ill children were able to go to

Moscow for treatment. When the conflict began in Syria, Dr. Lisa started to help there. She visited Syria on humanitarian missions multiple times, delivered medicines and provided medical aid to the civilian population. As eyewitnesses remember, Dr. Liza was called “Mommy” not by children alone but by grownups as well, even by those who were older. Indeed, she gave a second life to a lot of people! The head of the State Duma Vyacheslav Volodin recalled: *«There was only one goal for her - saving people. She lived through someone else’s misfortune as her own and was always there where it was tough»*. [7] For public and philanthropic activities, Dr. Lisa was awarded the Order of Friendship (2012), the insignia «For charity» (2015), the Order of Saint Luke of Crimea (2015), the medal «For purity of thoughts and nobility of deeds» (2016). [3] On 8 December 2016, Vladimir Putin awarded Elizaveta Glinka the State Prize of the Russian Federation for contributions to human rights activities.[8]

Another fact that unites these great women is that the memory of them still lives in our hearts. This is the genuine recognition of their merits. There were made six documentaries and one feature film «Doctor Lisa» about Elizaveta Glinka. She wrote a book about herself «I am always on the side of the weak». In 2010 Dr. Lisa took the first place in the list of «One hundred most influential women of Russia». In 2020, the Museum of Mercy and Kindness of Elizaveta Glinka was opened in Moscow. Ten documentary and feature films were made about Princess Diana. Famous bands such as Queen, Depeche Mode and Aquarium, Elton John, Madonna and Lady Gaga dedicated their songs to her. In 2000, a memorial to Princess Diana was established in London. In 1998, the Time magazine named Diana one of the 100 most important people of the 20th century.

Unfortunately, two terrible accidents took away the lives of these beautiful women, but their spirit will always live and thrive in every single one of us, they cannot be forgotten because precious work never dies. And today, there are people who continue the work of Princess Diana and Doctor Lisa. I

conducted a survey among Russians, in the course of which I asked the question: «What well known persons are worthy of being called a philanthropists?» 100 people aged 14 to 60 took part in the poll in total. The top-10 names are shown in Table 1, Appendix 2.

Warm hearts... When I pronounce this phrase, in the first place I imagine two fragile but very brave women - Princess Diana and Doctor Lisa. Their names have become a symbol of kindness and mercy for millions of people through the entire world. So different and so similar at the same time they lived and worked not only to make tomorrow come, but to make it happy. Their warm hearts were able to ignify the fires of goodness in other people's hearts. By their example, they have shown that care for the beloved ones, willingness to help in adversities, compassion and forgiveness have always been, and will always be, the most precious human qualities that save our world.

To sum up, I would like to come up with certain conclusions:

1. Regardless of who you are, where you were born, how much money you have or how much public recognition you get, you can still help people all around the world, all you need to have is willingness to help and open soul.
2. If you expect good, start doing it yourself showing an example for other people just as Dr. Liza and Princess Diana did once.
3. Princess Diana and Dr. Liza proved how crucial charity activity is in modern rapidly developing society. It is compassion and mercy that form the stronghold of international friendship and peace on earth.
4. Kindness still lives among us thanks to the followers of Dr. Liza and Princess Diana.

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Attachment 1. Dr. Lisa and Princess Diana – live photos



Pic 1. Dr. Lisa



Pic. 2 Princess Diana



Pic. 3 Dr. Lisa takes wounded and sick kids for treatment in Moscow



Pic. 4. Princess Diana visits kids in oncology center



Pic. 5. Dr. Liza with proponents during hosting charity activities «Wednesday terminal» и «Friday dinner»



Pic. 6 Princess Diana shakes with the leprosy and AIDS sick people



Pic. 7. Princess Diana in 1999 and Prince Harry in 2019 walk through disarmed fields in Angola



Рис. 8. Books: Dr. Lisa Glinka, I am always on the side of weak
Princess Diana. Life in her own words

Attachment 2. Results of the poll

N	Name and surname	Profession	Charity activities	Number of votes
1.	Konstantin Khabensky	Actor and public figure	Founder of the «Konstantin Khabensky Charity Fund» to help children with cancer	35
2.	Leonid Roshal	Surgeon, public figure	President of the International Charity Fund for Children in Disasters and Wars; saved people during the terrorist attack in Moscow in October 2002	8
3.	Chulpan Khamatova	Actress, public figure	Co-founder of the «Give Life» Foundation	7
4.	Janusz Korczak	Doctor, teacher, writer	Founder of an orphanage in Warsaw, died in a gas chamber, unwilling to leave his students	6
5.	Sergei Puskepalis	Actor, political figure	Provided humanitarian assistance to the people of LPR and DPR	6
6.	Beroev family	Actors	Founders of the charity fund «I am»	5
7	Mother Teresa	Monk	Missionary to serve the poor and the sick	5
8	Nikolay Pirogov	Surgeon	Selfless work to save the wounded	5
9	Cristiano Ronaldo	Football player	Transferred more than 10 million euros for charity activities	4
10	Angelina Jolie	Actress	Adoptive parent, protects forests in Namibia, supports the	4

			activities of the organization «Doctors without borders», has the title «Citizen of the world»	
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